



GLOBAL HEALTH INTERNSHIP PROGRAM UG

Empowering the Next Generation
of Leaders in Global Health



Visit Our Website

www.afrovivehealth.org

About Africa Health Foundation (AHF)

3

Core Thematic Areas

3

Vision

3

Mission

4

Organizational Goals (2025–2030)

4

Overview of Africa's health and development landscape

4

Afrovive Global Health Internship Programme (AGHIP)

5

Programme Overview

5

Programme Philosophy

6

Programme Goals

6

Programme Components

7

1. Hospital & Clinical Attachments

7

2. Innovation Co-Design Lab

7

3. Community Health & Service Projects:

8

4. Global Learning & Knowledge Exchange

8

Programme Packages

9

Programme Support & Logistics
9

- 1. Visa & Travel Support
9
- 2. Accommodation & Living
10
- 3. Supervision & Mentorship
10

Certification & Recognition
10

- Eligibility Criteria
10
- Application Process
11
- Impact Outcomes
11

-

About Africa Health Foundation (AHF)

Afrovive Health Foundation (AHF) is an Afrocentric organization empowering future leaders in global health and innovation to make healthcare more accessible and sustainable. Through leadership collaboration, innovation hub co-design, and transformative programs, AHF connects young leaders from the classroom to the field –turning ideas into impactful action across Africa.

Headquartered in Kampala, Uganda, Afrovive Health Foundation (AHF) is a dynamic organization dedicated to advancing health equity, youth empowerment, and climate justice. With active presence across East, West, and Southern Africa, AHF is guided by the principle *“Nothing for Us Without Us,”* championing youth-led solutions to address the continent’s most pressing challenges.

Core Thematic Areas

- **Health & Well-being:** Expanding access to inclusive, youth-friendly health services including SRHR and HIV cure research advocacy.
- **Innovation & Co-design:** Fostering creativity and collaboration to develop context-driven solutions.
- **Scaling Innovations:** Accelerating impact by expanding successful models across regions.
- **Climate Justice:** Integrating environmental sustainability with health interventions.
- **Global Learning & Exchange:** Bridging cultures through hands-on public health and innovation programs.

Vision

A thriving Africa where empowered youth lead transformative change through equitable healthcare, digital innovation, and sustainable development.

Mission

To empower Africa's next generation of health and innovation leaders by advancing access to quality healthcare, fostering digital and co-designed innovations, and championing rights-based advocacy for lasting impact.

Organizational Goals (2025–2030)

By 2030, Afrovive Health Foundation (AHF) aims to:

1. **Empower over 500,000 youth** across East, West, and Southern Africa with employable skills in health innovation, digital technology, and climate action.
2. **Expand access to youth-friendly health services** in at least **100 communities**, focusing on SRHR, HIV prevention, and mental health.
3. **Establish 10 Afrovive Innovation Hubs across Africa** to nurture startups in health tech, AI, and climate-resilient solutions.
4. **Mobilize over 5,000 youth advocates** to lead policy reform and promote equitable participation in global health and climate dialogues.
5. **Foster global learning and exchange programs** connecting youths across the globe with mentors, research opportunities, and collaborative projects.

Overview of Africa's health and development landscape

Africa stands at a defining moment in its development journey — a continent rich in diversity, resilience, and the world's youngest population. This demographic advantage holds immense potential to transform health and development systems across the region. Yet, progress is often hindered by limited knowledge transfer, weak cross-border collaboration, and barriers such as restrictive visa policies that constrain youth mobility and shared learning. Sub-Saharan Africa continues to grapple with challenges

like limited healthcare access, infectious and non-communicable diseases, and the growing effects of climate change and economic inequality. However, it also remains a vibrant hub of creativity, with young innovators designing solutions that respond directly to Africa’s unique realities.

Uganda, known as the “Pearl of Africa,” exemplifies this dynamic balance between potential and challenge. With a youthful, visionary population driving local innovations in healthcare delivery, the country showcases how community-led and technology-driven approaches can redefine public health. The AfroVive Global Health Internship Programme (AGHIP) builds on this momentum—bridging gaps in knowledge exchange, promoting collaboration across regions, and cultivating the next generation of African health leaders. By emphasizing innovation not only in products but also in **service delivery**, AGHIP underscores that Africa’s health future must be **owned, developed, and sustained by Africans themselves**.

AfroVive Global Health Internship Programme (AGHIP)

By AfroVive Health Foundation (AHF-UG)

Headquarters: Kampala, Uganda | **Regional Grounds:** East, West & Southern Africa

Programme Overview

The **AfroVive Global Health Internship Programme (AGHIP)**, a flagship initiative of the AfroVive Health Foundation (AHF), bridges the gap between classroom learning and

real-world practice by providing young people across Africa and beyond with hands-on exposure to healthcare systems, innovation co-design, and community service projects. Through structured hospital attachments, community immersion, and participation in innovation hub labs, interns develop the technical, leadership, and problem-solving skills needed to drive equitable, sustainable, and youth-led health and innovation transformation across the globe.

Programme Philosophy

Guided by the principle “**Nothing for Us Without Us,**” AGHIP believes that youth are not just beneficiaries of development but **co-creators of Global health and innovation agenda.**

The programme emphasizes:

- **Learning by doing:** Integrating classroom knowledge with field experience.
- **Innovation through co-design:** Encouraging youth-led solutions with real community impact.
- **Global collaboration:** Connecting African youth with international peers, mentors, and researchers.
- **Sustainability and inclusion:** Ensuring health and innovation serve people and the planet.

Programme Goals

By 2030, AGHIP aims to:

1. Equip **young people** with practical skills in **global health, digital innovation, and climate-resilient solutions.**
2. Strengthen **hospital and community-based learning systems** across African countries.
3. Establish **Afrovive Innovation Hubs** across East, West, and Southern Africa as centers for youth innovation and co-design.

4. Promote **cross-cultural learning and global solidarity** through partnerships with international universities, health institutions, and NGOs.

Programme Components

1. Hospital & Clinical Attachments

Participants are placed in **AHF-affiliated hospitals and health centers** to gain exposure to:

- Primary healthcare delivery
- Maternal and child health programs
- HIV/AIDS prevention and care services
- Laboratory and diagnostic operations
- Emergency and critical care management
- Hospital management and digital health systems
- Exposure to real life public health programs.

2. Innovation Co-Design Lab

At the **Afrovive Innovation Hubs**, interns work in multidisciplinary teams to co-create solutions addressing Africa's pressing health challenges.

Focus areas include:

- Digital health & telemedicine platforms
- AI and data-driven public health tools
- Climate-resilient healthcare technologies
- Community-based health logistics
- Health informatics and EMR systems

The co-design process follows four phases:

- **Problem Identification** – Understanding real-world health gaps through fieldwork.
- **Design Thinking Workshops** – Developing creative, context-driven ideas.
- **Prototype Development** – Building digital or physical models.
- **Pitch & Scale** – Presenting innovations at the *Afrovive Demo Day* for feedback and scaling support.

3. Community Health & Service Projects:

Interns participate in **community outreach and social impact projects** focusing on:

- SRHR and menstrual health education.
- HIV/AIDS awareness and stigma reduction.
- Mental health and wellness programs.
- Nutrition and child health programs
- Climate-smart public health interventions
- WASH programs.

4. Global Learning & Knowledge Exchange

AGHIP connects youth with mentors, researchers, and organizations globally. Activities include:

- **Virtual global classrooms** on public health and innovation.
- **Joint research & publication opportunities.**
- **Cross-cultural mentorship** from health and innovation leaders in Africa, Asia, and Europe.
- **Exchange visits** to other Afrovive hubs across regions.

Programme Packages

| Package | Duration | Components |
|---|------------|---|
| Bronze (One Country) | 4 Weeks | Hospital attachment, community service, mentorship, Certificate, Innovation codesign Lab |
| Silver (2 or More Regional Countries) | 6 Weeks | Hospital attachment, innovation co-design lab, community project, inter-country visit, certificate |
| Gold (Global Exchange Fellowship) | 8–12 Weeks | Full internship package + innovation hub incubation, accommodation, cultural exchange, field project, global mentorship, publication opportunity, certificate |

Programme Support & Logistics

1. Visa & Travel Support

AHF provides comprehensive visa facilitation and arrival assistance:

- **Invitation and acceptance letters** for visa applications.
- Guidance on **internship/volunteer visa categories** for Uganda and partner countries.
- Support in compiling visa documentation.
- **Airport pick-up** and orientation on arrival.

- Optional **accommodation arrangements** through AHF partners or host families.
- Guidance on travel health insurance and safety protocols.

2. Accommodation & Living

- Safe and affordable accommodation.
- Access to local transport and meals.
- Cultural immersion activities including visits to historical sites, safaris, or local markets.

3. Supervision & Mentorship

Each participant is paired with:

- A **Field Supervisor** (from the hospital/community site)
- An **Innovation Mentor** (from the hub)
- An **Academic Advisor** (if university-linked)

Certification & Recognition

Upon completion, participants receive a **Certificate in Global Health Leadership and Innovation Co-Design** jointly issued by **Afrovive Health Foundation** and partner institutions.

Top-performing interns are recognized as **Afrovive Global Health Fellows**, eligible for extended mentorship and funding to scale their innovations.

Eligibility Criteria

- Students, graduates, or early-career professionals aged **18–35**.
- Backgrounds in **Medicine, Public Health, Nursing, Environmental Health, ICT, Biotechnology, Engineering, or Social Sciences**.
- Strong commitment to **community service, innovation, and leadership**.

- Proficiency in English or French (depending on host country).

Application Process

- I. **Online Application:** Submit the AGHIP form via AHF website or Partner University.
- II. **Review & Selection:** Based on motivation, academic background, and community interest.
- III. **Placement Confirmation:** Receive official placement and visa support documents.
- IV. **Pre-Departure Orientation:** Virtual training on expectations and host country context.
- V. **On-Site Induction:** Arrival orientation and assignment to hospital/community sites.

Impact Outcomes

- More youth trained annually in global health practice and innovation.
- 50+ community projects implemented with measurable social impact.
- 100+ prototypes developed through Afrovive Innovation Hubs.
- Strengthened collaboration between academia, health institutions, and youth organizations.

Programme Tagline

“From Class to Ground — Building Global Future Health Leaders.”

